

**CRUSTY BREAD £6**

Olive oil & aged balsamic vinegar

**SOUP OF THE DAY £8**

Warm crusty bread

**MIXED OLIVES £4.50**

Cornish olive company

**BURRITOS £16**

**16HR SMOKED BEEF BRISKET | ROASTED SPICED CHICKEN | CHILLI BEANS**

All filled with the above plus; rice, black beans, peppers and onions, Mexican slaw, sour cream, guacamole, jalapenos. Served with sour cream and chive dip

**WHOLE ROTISSERIE BBQ CHICKEN TO SHARE (2 PEOPLE) £36**

Served with freshly prepared Una salad, skin on fries, sour cream and chive dressing, charred corn on the cob, house salad, Mexican slaw

**UNA CHEESE & NACHO BURGER £18**

Home-made beef burger, slow cooked brisket, Mexicana cheese melt, jalapenos, nachos, baby gem lettuce, tomato & red onion, served with fries

**BBQ PORTABELLA MUSHROOM BURGER £15 (V)**

With Mexicana cheese, guacamole & baby gem lettuce served with fries

**WHOLE BBQ CORNISH MACKEREL £17**

Warm seasonal green vegetables with a citrus paprika & garlic dressing

**DEEP FRIED CRISPY CORNISH HADDOCK STRIPS £17**

Chipotle dip, guacamole & fries

**SPICY COD & PRAWN FISHCAKES £18**

Coconut, chilli & lime sauce & BBQ pak choi

**CHILLI NACHO BOWLS £15**

**Chilli beef | Chilli Beans**

Topped with tortilla chips & grilled with mature cheddar

**LOADED FRIES £15**

**Chilli beef | Chilli Beans**

Topped with jalapenos, Mexicana cheese & sour cream with fresh chives

**UNA SALAD BOWL**

**SMALL BOWL £7 | MAIN COURSE BOWL £12 | FAMILY BOWL £24**

Sweet potato, charred sweetcorn, peppers, toasted pine nuts, watercress, red onion, sun-blushed tomatoes & satsuma, with a citrus, garlic & paprika dressing

**GREEN SALAD BOWL**

**SMALL BOWL £5 | MAIN COURSE BOWL £10 | FAMILY BOWL £20**

Baby gem, cucumber, fennel, celery, ranch dressing

## SANDWICHES

WOOD OVEN CROQUE MONSEIUR £10

Burts salted crisps

WELSH RAREBIT £10

Burts salted crisps

BLT £9

Burts salted crisps

HECURED GRAVLAX, ROCKET & LEMON MAYONNAISE £12

Burts salted crisps

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## PIZZA

CHICKEN, CHILLI, ROCKET & MOZZARELLA £16

With chipotle dressing

PULLED BEEF BRISKET £16

Gerkins, BBQ sauce, mozzarella served on a white base

TOMATO & MOZZARELLA £14

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## SIDES

SKIN ON FRIES £4

CRISPY TORTILLAS £5

With sour cream and chive or chipotle dressing

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## CHILDREN

CRISPY HADDOCK STRIPS £8

Fries, sour cream & chive dip

CHEESY NACHOS £7

Ranch dip

HOMEMADE BBQ BEEF BURGER £8

Mayonnaise & fries

CHEESE & CHIVE QUESADILLA £7

Fries

CHILDRENS GREEN SLAD £3.50

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## DESSERTS

CHURROS £8

WITH CHOCOLATE HAZELNUT DIPPING SAUCE

RABANADA £8

GINGERBREAD ICE CREAM (BRAZILIAN FRENCH TOAST)

LIDO BISCOFF SUNDAE £8

VANILLA ICE CREAM, BISCOFF SYRUP & BISCOFF CRUMB

ROSKILLYS ICE CREAM POTS £3.95

A discretionary service charge of 10% will be added to your bill, please note 100% of any service charge goes directly to our team.



## COCKTAILS

### PINEAPPLE & CHILLI MEZCALITA £9.50

Mezcal | Pineapple | Orange | Chilli

### COCONUT JULEP £9.50

Cape Cornwall white rum | Lime | Coconut

### UNA SPRITZ 10.50

Summer Cup | Elderflower | Prosecco | Fruit

### ROSEMARY & GRAPEFRUIT GREYHOUND £9.50

#### PITCHER £32.00

Vodka | Pink grapefruit | Rosemary | Soda

### ROSEBUD £9.50

Vodka | Vanilla | Passionfruit | Pineapple | Cranberry

### LIMONCELLO COLLINS £9.50

#### PITCHER £32.00

Caspyn gin | Limoncello | Soda | Mint

### CORNISH SCROPPINO £10.00

Caspyn gin | Lemon sorbet | Prosecco

### SPICED RUM AND COFFEE HORCHATA £10.00

Coffee | Vanilla | Spiced milk | Cape Cornwall spiced rum

### SANGRIA £7.50

#### PITCHER £28.00

See blackboards for today's Sangria

## NON-ALCOHOLIC

### LIDO SPRITZ £6.50

Seachange 0% wine | Lyres 0% Orange aperitif

### SHIRLEY TEMPLE £4.50

Lemonade | Grenadine | Ginger

## BEER & CIDER

## PINT | HALF

### DRAUGHT

Una Lager 4%	£6.00   3.00
Corona Extra 4.5%	£6.50   3.25
Southwest Orchards craft cider 4%	£6.00   3.00

### BOTTLES & CANS

St Ives Brewery Alba IPA 5.2%	500ml £5.85
St Ives Hella Pale Ale 4.2%	500ml £5.85
Peroni	330ml £5.00
Peroni gluten free	330ml £5.00
Corona 0%	330ml £4.50

### CIDER

Southwest Orchards gold 5%	500ml £6.00
Southwest Orchards berry 4%	500ml £6.00
Southwest Orchards 0.5%	500ml £5.00

## SOFT DRINKS

COKE   DIET COKE   LEMONADE	£2.95
CORNISH ORCHARDS Apple   Elderflower   Rhubarb & Apple   Lemonade	£3.50
CORNISH SPARKLING WATER                      250ml £2.50   750 ml	£3.50
FRESH JUICES Orange   Apple   Pineapple	£2.50
CORNISH NAVAS TONIC Premium   Light   Garden   Ginger Ale   Soda	£3.10
BUNDABERG GINGER BEER	£4.25

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## FROZEN DRINKS

DIRTY COKE FLOAT Coca cola   Coconut   Vanilla ice cream   Lime	£5.50
FROZEN SHIRLEY TEMPLE Lemonade   Grenadine   Vanilla ice cream	£5.50
PINEAPPLE GINGER BEER FLOAT Bundaberg ginger beer   Pineapple   Vanilla ice cream	£6.00
ICED COFFEE HORCHATA Sweet spiced rice milk   Espresso   Vanilla ice cream	£6.00
APPLE AND LEMON COOLER Cloudy lemonade   Apple   Lemon sorbet	£5.50

### SMOOTHIES £5.50

All our smoothies are blended with fresh apple juice

### BEETROOT BOOSTER

Beetroot | Mango | Carrot | Blueberries

### GREEN LEAN

Apple | Kale | Cucumber

### TROPICAL TWIST

Pineapple | Mango | Kiwi



## COFFEE – TEA – HOT CHOCOLATE

AMERICANO	£3.10
LATTE   CAPPUCCINO	£3.40
FLAT WHITE	£3.25
ESPRESSO	£2.50   2.90
MOCHA	£3.70
ICED COFFEE	£3.40
TEA	£2.75
Cornish Breakfast   Earl Grey   Peppermint Green   Fruit	
HOT CHOCOLATE	£3.50
LUXURY LOADED CHOCOLATE	£4.75
Oreo   Biscoff   Caramel	

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## SPIRITS

### GIN 25ml

#### CORNISH

Caspyn Dry	£4.50
Caspyn Midsummer	£4.50
St Ives Gin	£4.50
Old Marmalade Tom	£4.50
Squid Ink	£4.75

#### ISLES OF SCILLY

Island Gin	£4.75
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#### LONDON

Tyler street	£4.50
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### VODKA 25ml

Absolut	£4.00
Absolut Vanilla	£4.00

#### CORNISH

Aval Dor Cornish	£4.80
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### RUM 25ml

#### CORNISH

Cape Cornwall Gold	£4.25
Cape Spiced	£4.25
Cape White	£4.25
Aluna Coconut	£4.25

### WHISKEY 25ml

Buffalo Trace(USA)	£4.50
Jamesons (Ireland)	£4.00
Dalwhinnie (Scotland)	£6.50

### TEQUILA & MEZCAL 25ml

Jose Cuervo Gold	£3.50
Cazcabel Blanco	£4.00
Cazcabel Honey	£4.00
Casamigos blanco	£7.50

### BRANDY 25ml

Courvoisier	£4.50
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### VERMOUTH 50ml

Dolin Vermouth Rouge	£3.00
Campari	£4.00

### LIQUEURS 50ml

Disaronno Amaretto	£4.00
Baileys	£4.00
Kahalua	£3.70
Pans Summer Cup	£4.50
Aperol	£4.50
Limoncello	£4.00

## **WINE**

### **SPARKLING**

#### **KRAEMER BRUT**

A wonderful sparkling wine from the Loire Valley, a soft and creamy texture giving a voluptuous feel in the mouth, perfect for celebrations

**BTL £28 | GLS £6.50**

#### **SEA CHANGE PROSECCO**

Award-winning Prosecco. Crisp yet delicate with aromas of peach and pear, its a delightfully refreshing and delicious experience.

**BTL £37.50 | GLS £7.50**

#### **SEA CHANGE PROSECCO ROSÉ**

Elegance and summer berry fruits of a rosé to the soft bubbles of a stylish sparkler; this is elegance personified!

**BTL £39 | GLS £7.75**

### **WHITE**

#### **MORADOR BLANCO NAVARRA VIURA, SPAIN**

Fresh, light and fruity. A modern styled Spanish white wine to brighten your day.

**BTL £24.50 | 175ml £6.10 | 250ml £8.10**

#### **SERENATA BIO GRILLO SICILIA ORGANIC DOC, ITALY**

A fabulous alternative to Pinot Grigio, this crisp wine from Sicily is full of citrus and tropical fruit flavors.

**BTL £26 | 175ml £6.50 | 250ml £8.65**

#### **ENTREFLORES ALBARINO, SPAIN**

This is what relaxing was made for, this classic Albarino is elegant and dry, with grapefruit and lemon flavours and a lingering aftertaste.

**BTL £34 | 175ml £8.00 | 250ml £9.75**

#### **CRAZY CREATURES GRÜNER VELTLINER, AUSTRIA**

We love this wine, spicy, herbal, and fruity aromas with a crisp, fresh acidity. If you haven't tried Austrian wine before now is the time!

**BTL £38 | 175ml £9.50 | 250ml £12.50**

#### **GULP HABLO VERDEJO, SPAIN**

N & V Natural and biodynamic wine that tastes great. Light and dry with good minerality and fresh green apple flavours.

**1 LTR £45 | 1/2 LTR £25**

## **ROSE**

### **MIRANO ROSADO, D.O.C RIOJA, SPAIN**

Sunshine in glass, this Rioja rose has intense aromas of cherries and strawberries, full of flavour and fresh finish.

**BTL £26.50 | 175ml £6.25 | 250ml £8.80**

### **SEA CHANGE PROVENCE ROSÉ, FRANCE**

Sea Change Provence Rosé is fresh and zesty with delicate hints of grapefruit, white peach and tropical pineapple. A sublime, perfectly balanced rosé that won't fail to impress.

**BTL £44 | 175ml £10 | 250ml £14**

## **RED**

### **SERENATA BIO NERO D'AVOLA SICILIA ORGANIC DOC, ITALY**

A characterful fruit-driven red, which is soft, approachable and easy to drink. Intense and well-balanced, packed with red berry fruit flavours.

**BTL £24.50 | 175ml £6.10 | 250ml £8.10**

### **SEA CHANGE ORGANIC RED, BOBAL, SPAIN**

Made with the indigenous Spanish Bobal grape, balances intensity with the vibrant flavours of red and black fruits, this wine is full-bodied with high tannins and a beautiful long finish.

**BTL £30 | 175ml £7.75 | 250ml £9.50**

### **MALASENDA RIBERA DEL DUERO CRIANZA, SPAIN**

Intense aroma of candied fruits, perfectly integrated sweet spices with refined wood notes that makes it elegant. Very tasty on the palate, powerful and fruity, with ripe tannins.

**BTL 35 | 175ml 8.75 | 250ml 11.50**

### **GULP HABLO GARNACHA, SPAIN**

Bright ruby in colour with a nose of fresh crushed cassis and raspberry. Tart fruit, violets, white pepper and a touch of terroir on the palate and finish.

**1 LTR £45 | 1/2 LTR £25**

## **ORANGE**

### **GULP HABLO ORANGE, SPAIN**

Aromatics of orange blossom and tropical jackfruit with moderately tannic dried citrus peels, tea and preserved apricots on the yeasty and textured plate.

**1 LTR £42 | 1/2 LTR £22**